



THE COGNITIVE COMPLEXITY OF THE CONSCIOUSNESS OF PERSONALITY AND «THE RUSSIAN SOUL»: ARE THERE ANY POINTS OF THE INTERSECTION?

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Introduction

In the era of digital technology the psychology of Personality should not be limited to the study of the behavior and personality traits of the person.

We must combine the study of the person as the object with the study him/her as the subject.

The researchers should be interested in the study of the goals and intentions of the personality, the meanings and experiences, ability to be the author of oneself.

The studying the person “from the inside” is necessary if we truly want to understand the person and help him/her.

The psychosemantics approach as emic method for studying personality

Repertoire grids

Psychosemantics is the field of psychology, which studies the genesis, structure and functioning of a system of the meanings, which in unity with the sensory tissue and personal senses forming of the individual consciousness of the subject and mediating the processes of perception, thinking, memory, decision-making, etc.

The basic method **is** the construction of subjective semantic spaces that model the categorical structures of individual and public consciousness

Using for study deep levels of consciousness (mentality)

Definition

Cognitive complexity is a psychological characteristic of the individual's cognitive sphere, reflecting the degree of categorical differentiation of the consciousness (number of categories of semantic space)

The Russian soul is the term of Russian philosophy, which points to the features of the Russian character and world view. Used in philosophical and literary works, in music, as well as in everyday speech. Often noted are such features of the Russian soul as mysteriousness and breadth

The psychosemantic method of the attribution the motives to the life's principles of personality

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The goal: the reconstruction of the depth meanings underlying personality.

The procedure:

A participant formulates set of own life's principles

Then evaluates each of the principle of life in what degree it satisfies this or that motive from the set of motives (standard for all subjects in number of 50) by using the six-point Likert scale.

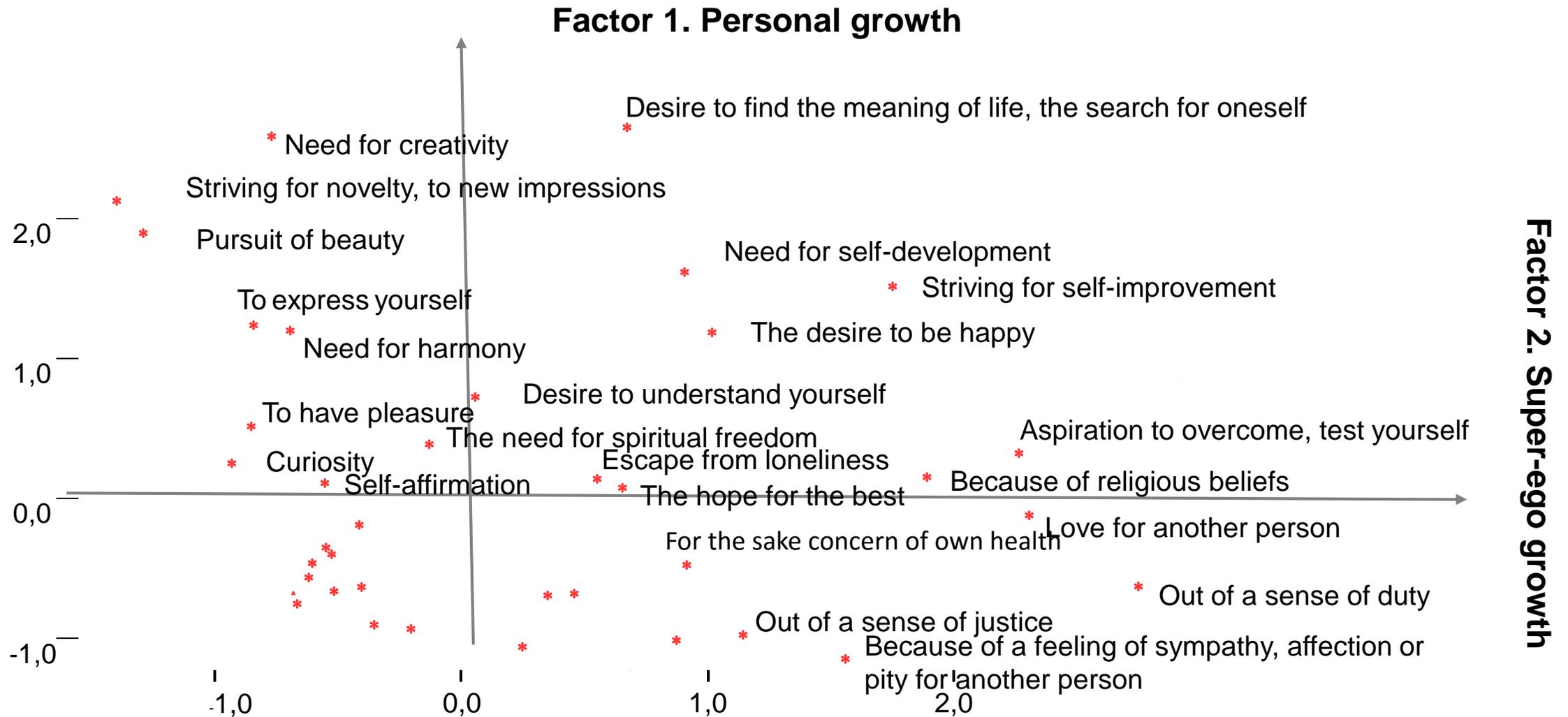
The matrix of individual data is processed by using the method of principal components

Indices of cognitive complexity

- Statistical
 - Number of extracted components
 - Average absolute values of correlations of variables
 - The percent of total variance for the first component
- “Empirical”
 - Depends on the number of life’s principles

Case study A. (female, 45 years old, totally 11 principles and 2 components extracted)

Factors	Contents of factors	Factor loadings
Factor 1. Personal growth (36,1%)	Learn constantly	.917
	Invest money and energy in own impressions	.888
	“Through the thorns to the stars”	.865
	Believe, hope, love	.731
	“There is the sun in every person - just let it shine”	.604
Factor 2. Super-ego growth (33,8%)	Do not lose courage	.865
	Forgive	.860
	Do unto others as you would have them do unto you.	.816
	Do not put off good intentions until tomorrow	.704
	Be sincere, open	.640



The location of motives in the space of value factors of the respondent A.

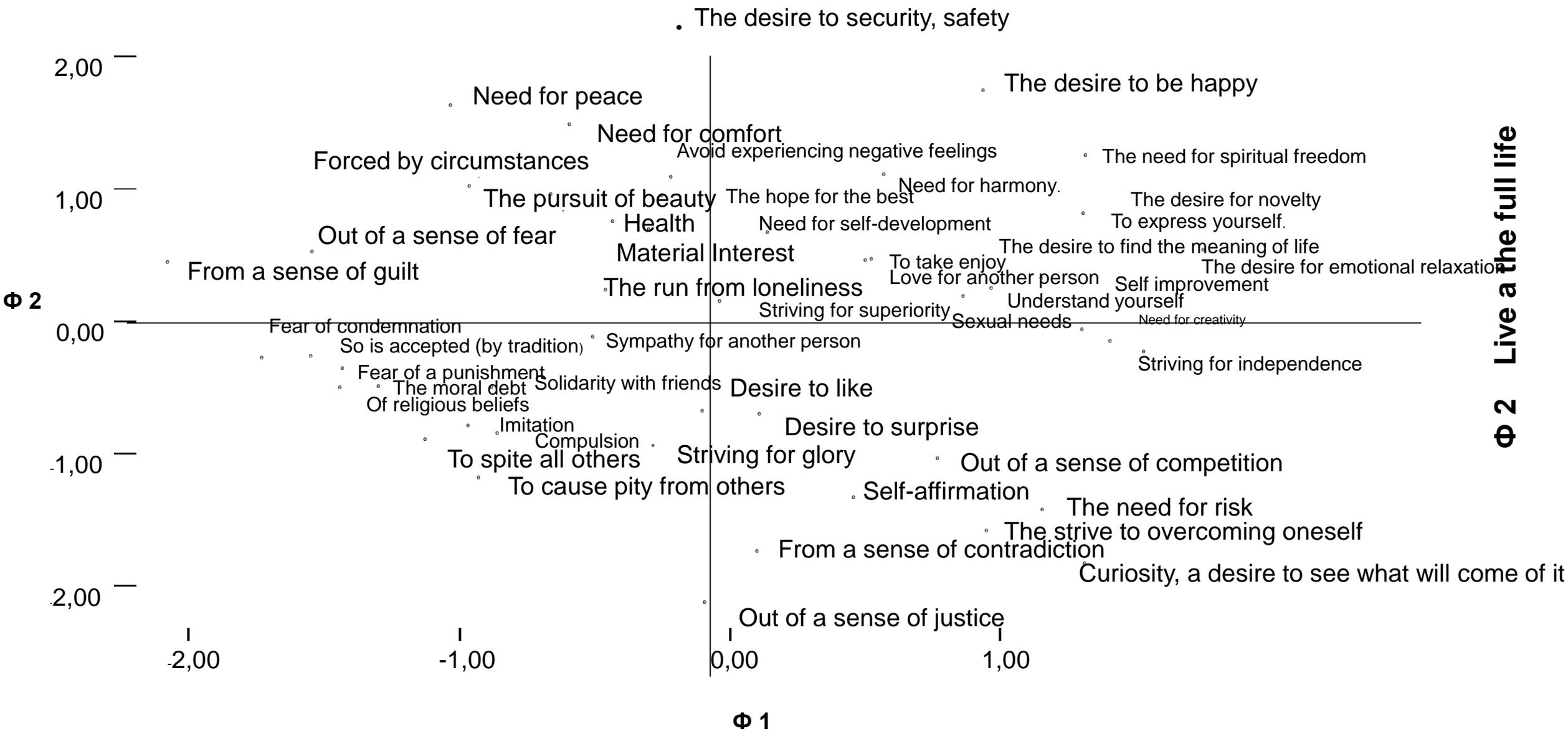
Case study N. (1992) – 23 years (35 principles, totally 10 pc)

Factors	Contents of factors	Factor loadings
Factor 1. Inner stability and self-regulating (13.6%)	Take care of own individuality. Be independent Develop a sense of taste. “A beautiful make-up is a natural make-up”. Keep calm in any situation.	0.81 0.75 0.72 0.65 0.63
Factor 2. Self-improvement and strength ego (8.4%)	If you want to achieve something, work and work again (improve yourself). You must be strong, otherwise why do you exist.	0.81 0.74
Factor 3. Hunter philosophy (8.1%)	Tell less about yourself. Watch and you will see what other people will not see.	0.79 0.64
Factor 4. Strength super-ego (7.9%)	Be grateful. Be honest.	0.72 0.67
Factor 5. Self access (7.9%)	Do not extinguish in yourself the best gusts of the soul, when you communicating. Listen to your inner voice.	0.88 0.83
Factor 6. Autonomy (7.2%)	Do not strive to conquer anyone. Do not ever impose yourself on anyone. Do not trust men.	0.80 0.79 0.63
Factor 7. Politeness (2.03; 6.4%)	Knock the door and get permission to enter before you enter Rules of good behavior are not luxury, but necessity.	0.76 0.66

Case study N. (2002) – 33 years

Factors (fragment 1)	Contents of factors	Factor loadings
Factor 1. Needs in close relations with significant other (18.2%)	Close people are those with whom you feel calm and confident.	0.81
	When a man and a woman are together, they fill themselves better.	0.80
	Why do I need a job which interferes with my personal life.	0.75
	My children should have a good dad.	0.74
	Listen to yourself, trust own intuition.	0.69
	Never good as at home.	0.68
	A close friend is the one to whom it is possible to say everything	0.61
Factor 2. Positive stimulation (16.1%)	Do not become a slave of good manners, sometimes it is harmful.	0.82
	Information never being extra, you do not know where it will shoot.	0.77
	The fullness of life is determined by the fullness and quality of the experiences of the feelings.	0.77
	A trained body is a good decoration for a woman with a lack of money.	0.69
	Life as a sea is immutable in its impermanence.	0.65
	Be honest with yourself.	0.60
	The body is your friend, do not treat it like an enemy.	0.53
Factor 3. “Treat the other 'humanly', but without illusions” (14.1%)	See at the affairs of man, and do not cling to his words.	0.83
	Farewell without the pathos and sensation of your magnanimity.	0.72
	Do not lie without obvious need, it's better to tell the not all truth.	0.68
	To treat the other the way when you actually really want.	0.67
	Help someone only when they ask about you.	0.62
	See what a man can do and what he really does - you will understand his attitude towards you.	0.57
	Any non-standard situation in life is either a gift, or a means to learn what you do not know.	0.56
	Respect people who are worthy - they deserve it. Respect those who have not attained, but he strive - for in everyone there is something worthy of respect. Respect those who are not worthy of respect - flt does not cost anything to you.	0.55
	Anger is a bad adviser in difficult situations.	0.54
	The child should be loved.	0.54

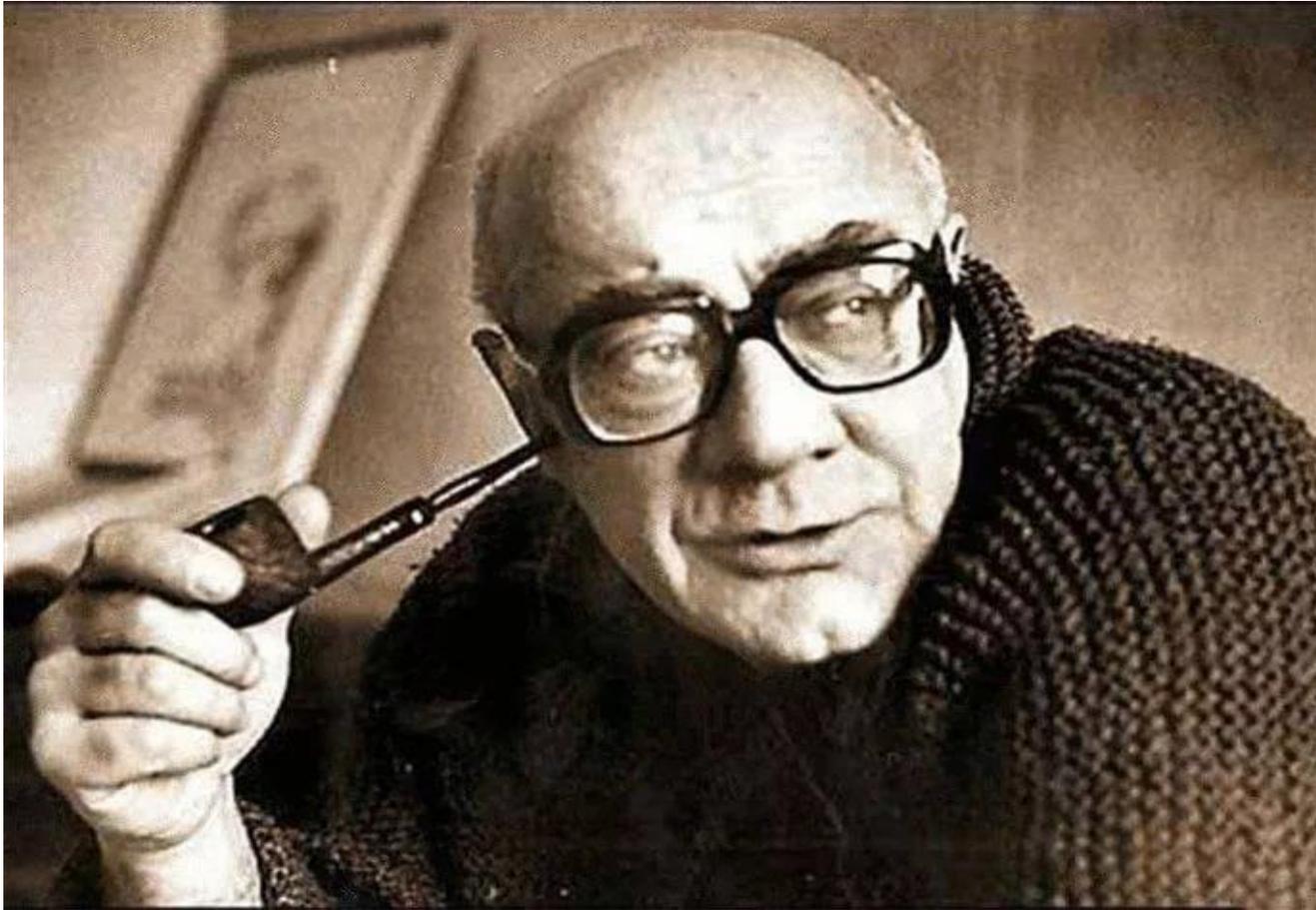
Φ 1. Well if there is a near person and related with him life



The Problem: Should modern psychology take into account that a person has a soul?



Can we develop the
ability to hear the voice
of one's conscience?



Merab Konstantinovich Mamardashvili
15.09.1930 – 25.12.1990

In the human
consciousness
there is something
that is not in the
psyche.
M.K. Mamardashvili

Conclusions

The cognitive complexity of consciousness in self-regulation of life activity and self-development can be determined by the psychosemantic technique of attribution of motives to the life principles of the individual.

The content of a person's consciousness includes ideas coming from other people, from artistic works, religious sermons, the ideology of the state, from one's own experience, the media, the internet, etc.

The impulses coming from personal soul as a special substance and microcosm can also penetrate into the consciousness of the person. For example, it can be messages from conscience.

A person can take the path of self-improvement when he/she does not blindly submit to external influences, but determines the goals and means of own development, compares what comes from the outside, with what is extracted from the depths of the self.

Thank you for your attention!

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